

Strickly Business !!

Western Transportation, Inc

July/ August 2003

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News Flash

Welcome to the Premier Issue of **STRICKLY BUSINESS!!**, WESTERN TRANSPORTATION INC., company newsletter.

Our newsletter is designed to inform you of upcoming events, driver's birthdays, safety procedures and helpful tips on how you can improve your driving skills. Now, here is where the fun begins!

We will be giving props to and featuring a driver in every issue of **Strickly Business !!**. The driver without any D.O.T. or Daily Log Violations will receive **KUDOS** for his or her performance!!!! Please complete the enclosed

driver profile and submit your information to the office as soon as possible. Sleep tight, get your logs right and send them in so you can win the contest.

Western Transportation, Inc. would like to welcome all new drivers and congratulate them on becoming a part of our team. We look forward to having you at our company and appreciate your commitment to practice safe driving while providing outstanding service for our customers. We also commend all the drivers that have been with us for a while. Keep up the good work! You are the backbone of our business success. Keep Those Wheels Rolling!!!!

Western Transportation, Inc. is currently on a recruiting campaign and we need your help.

We are looking for owner operator's with late model equipment to lease on and join our team. Please refer them to our office by calling 888-459-1919 Ext. 229 for more details or you can feel free to grab a couple of flyers when visiting the office. Tell a friend or a relative about this great opportunity.



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Special points of interest:

Life is like a sewer. What you get out of it depends on what you put into it.

- Tom Lehrer

New Rules

Many things have changed in the motor carrier industry since 1939 when the original hours-of-service regulations were prescribed for truck drivers. Those of you who have been in this industry for any length of time

know what were talking about. The roads are better designed, constructed, and maintained. Vehicles have been dramatically improved in terms of design, safety, comfort, and efficiency. In addition to these facts there

are still drivers who suffer from sleep disorder. The FMCSA estimates that between 196 and 585 fatalities occur each year on the nation's roads because of drowsy, tired, or fatigued CMV drivers transporting

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property. They have also estimated this final rule will save between 24 and 75 lives each year as a result of giving truck drivers an increased amount of time to obtain rest and sleep.

The FMCSA have decided to revise the hours-of-service regulations. Effective January 4, 2004 the new rule simply stated, means:

- Drivers may drive up to 11 hours instead of 10 hours, but are limited to 14 hours in a duty period.
- The 14-hour duty period may not be extended with off-duty time for meal and fuel stops, etc. Only the use of a sleeper berth can extend the 14-hour on duty period.
- Each duty period must begin with at least ten hours off-duty, rather than eight.
- The 60 hours on-duty in 7 consecutive days, or 70 hours on duty in 8 consecutive days rule remains the same, but the drivers can “restart” the 7/8 day period by taking at least 34 consecutive hours off-duty.
- Sleeper Berth Exceptions: Drivers may split on-duty time by using sleeper berth periods, but must comply with the new hours-of-service rules. These drivers may accumulate the equivalent of 10 consecutive hours off duty by taking 2 periods of rest in the sleeper berth, provided:
 - Neither period is less than 2 hours
 - Driving time in the period immediately before and after each rest period when added together does not exceed 11 hours and
 - The on-duty time in the period immediately before and after each rest period when added together does not include any driving after the 14th hour.

Please take a moment to read the enclosed information regarding the new regulations to find out more details . We encourage you to learn the new regulations and practice them through out the fourth quarter. It is imperative you contact us before making any changes in procedure.

Happy Birthday 2 Ya!



July

- James Parson- 7/1
- Vincente Sosa- 7/19
- Charles Kennedy- 7/28
- Curtis Hutchins- 7/31



10 Helpful Hints

1. Always do a complete safety check before driving , while fueling , and at your final destination.
2. Do not leave engine running more than 3-5 minutes.
3. Maintain a 4 second following distance allowing room for emergency stopping.
4. Increase following distance



when roads are slippery due to heavy rain, snow, ice loose dirt, or mud.

5. Keep a positive attitude when driving being aggressive can cause an accident.
6. Drive at moderate speeds especially with heavy loads in hot weather.
7. Avoid eating heavy foods and make sure you are well rested

when starting a trip.

8. Stop and sleep when you are too drowsy to drive safely.
9. Do light exercise when stopping for fuel and/ or food.
10. Keep your vehicle well ventilated

BE SAFE - WE CARE

Let's Give a Shout Out

We would like to give special recognition to the following drivers for being "violation free" on their logs during the month of July.

Barrie Cox

Donna Castillo

Gregory J Peterson

Vicente Sosa

Please stop by the office to pick your **KUDOS**. Keep up the excellent work, we appreciate it!!!



Congratulations to Denise Trusty for joining our administrative team. She is the dreaded "Log Lady".

Her main position is to make sure Driver Logs are accurate. Doing driver settlements and other administrative duties will keep her on her toes!

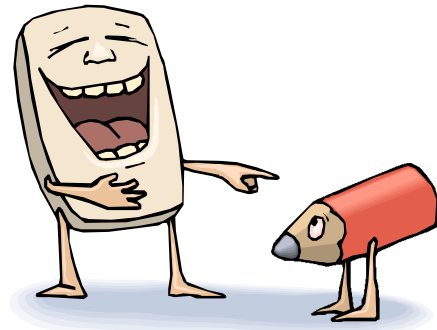
Questions regarding logs can be directed to Denise at Ext. 223. Let Us make Denise comfortable in her new position.



DRIVER JOKE



OTHER THAN A TRACTOR AND TRAILER, WHAT ARE THE TWO MOST BASIC "TOOLS OF THE TRADE" DRIVERS NEED TO DELIVER THEIR LOADS?



Can You Dig it????????????????

1) My life can be measured in hours,
I serve by being devoured.
Thin, I am quick
Fat, I am slow
Wind is my foe.
What am I ?



Think Hard , Drive Safe!!

2) Two words, my answer is only two words.
To keep me, you must give me.....?

Keep reading to find the answers.

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Answer to Driver Joke:

A Atlas & Log Book

Answer to Can You Dig It:

1) I am a candle

2) Your Word

Remember It's Nothing Personal Just

Strickly Business!!

